

CAMP REPORT

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**BRAMAKUMARIS ISHWARIYA VISHWAVIDHYALIYA,
RANI BRANCH RAJASTHAN**

Rani Village Health Camp

Health for all is perceived as a wellbeing, which incorporates physical, social, emotional, cultural and spiritual wellbeing within a community framework. Fundamentally the relationship between determinants of health is very complex and dynamic. These are because the relationship between the people, the way they live their lives and the physical and social environments in which they live is always in a state of flux. There is a consistent patterning between social determinants of health such as wide variety of health outcomes- mortality , morbidity, use of preventative and curative health services, behavioral risk factor (such as smoking , diet ,and physical activity). There is enough literature stressing that poor social and economic circumstances affect health throughout life. People who are socially disadvantaged run at least twice the risk of serious illness and premature death.

It is not only limited to poor but also affect those from middle class office workers and lower ranking staff suffer. Disadvantage in terms of social gradient may be absolute or relative.

The aim of the program was:-

- a) To conduct a dental and ENT health screening for the people
- b) To sensitize them with educational facts about prevention of oral diseases
- c) To educate about the ill effects of tobacco and alcohol
- d) To provide them with medications for the treatment of the diseases.

Place of Camp	Rani (Rajasthan)
Date	15 th -16 th January 2012
Services Covered	Dental, ENT, De-addiction
Total Participation	250/day

A mega health camp was organized at Rani (Rajasthan) in association with Bramakumaris Organization and local NGO from 15th -16th January 2012. The

areas covered were oral health, ear, nose and throat and de-addiction. The main focus of the camp was early detection and prevention of oral diseases, ear nose and throat problem and de-addiction from tobacco and alcohol.

Panel doctors from Global hospital comprising of Dr. Sharad Mehta (ENT) specialist , Dr. Rupal Shah (Deaddiction) specialist along with Dr. Kunal Oswal (Dentist) and Director of UAPHE participated in the event.

The camp was divided into two slots, morning from 9-1pm and evening from 2-5pm.The aim of the camp was to reach to the community to understand their awareness, knowledge and perception in relation to dental care and provide them with a dental screening.

The most common complaint presented by the patients was dental decay, bleeding gums, foul odor and toothache. Few patients presented with some red and white patches highlighting their tobacco habits. All the patients were examined under day light using diagnostic instrument such as mouth mirror, straight probe and explorer. Patients requiring medication were given at the camp site. Few of the patients were given toothbrush and dentifrice, desensitivity dentifrices, mouthwash. Mainly it was given to the patients who weren't able to afford the cost of the medication.

After examining the patient were explained the possible reason for their present condition .They were educated and motivated for carrying out basic plaque control measure such as brushing and flossing. Those with the habit of tobacco were advised to quit the habit and were given the required counseling. The entire patients screened were advised to visit the nearby dentist for treatment which is provided either free or at minimal cost.

A lot of patients were also screened for ENT problems. The main problems were upper respiratory tract infection, tonsillitis, sinusitis, ear ache. Most of the patients

were given medications and ointments and also complex cases were referred to the nearby tertiary care hospital.

Patients having problems with addiction were sensitized by having posters and charts on display. Also with the help of projector, a video clip was shown to the audience. Most of the users were motivated and gave their consent to quit. Overall more than 250 patients attended the camp and it was a huge success. The organizing body appreciated our efforts and plan to conduct similar programme in future.

Conclusion: - Such health programmes needs to be upscale with inclusion of entire medical field. The programme received a good participation and was highly appreciated by the organizing body and local NGO. The need of the hour is to make it sustainable and deliver it more frequently to the need section of the society, so that everyone enjoy the basic right of good health and longevity.

Camp Photographs



Photo: - Screening at the camp Site



Photo: - Explaining about Oral Health Concerns



Photo: - Registration counter for the patients



Photo: - IEC material on display for education of the patients