



UAPHE

UNITED ASSOCIATION FOR PUBLIC HEALTH & EDUCATION

Worksite Wellness Activity Report

Rani Village, Rajasthan

15-16 January 2012

Introduction:

Workplace illness results in loss of productivity, more number of sick leaves among employees and results in reduced economic growth of a worksite. Furthermore due to various addictions like Tobacco usage and smoking the risk of fires, accidents, smoke damage and higher maintenance costs and dirtier environment increase the liability of the workplace. Also many migrant population works as Blue Collar worker in various factories and worksites. These migrants' workers are involved with high risk sexual activities and also with tobacco and alcohol habits. It is very much important to address these high risk groups and spread awareness about various illnesses caused due to habits and high risk activities. Hence UAPHE organized two worksite wellness initiative programs at Mumbai and Rajasthan respectively to benefit the employees of the workplace. Utilizing the workplace as settings and delivering a structured message about tobacco control, cancer awareness, heart disease, STD, HIV, condom usage etc.

Project Summary:

The mandate of this worksite wellness program was to give information and raise awareness among the blue collar workers on Tobacco Control and Cancer..

Health Camp Location: Rani Village, Rajasthan

Partner Organization: CPAA and Brahmakumaris

Date: 15-16 January 2012

Goal:

To spread awareness about Tobacco Control and Cancer among construction workers

Number of Employees Screened: 125

Camp Intervention Activities:

The issues of tobacco habit were addressed and following sessions were conducted with the workers.

Session wise Activities:

1) Session on Tobacco and Health will include:

- ✚ About Prevalence and Incidence of Tobacco in India
- ✚ Various Types of Tobacco
- ✚ Harmful Impact of Tobacco on Health
- ✚ Tobacco and Cancer
- ✚ Passive Smoking
- ✚ Environmental Impact of Tobacco

- ✦ Social Impact of Tobacco
- ✦ Economical Impact of Tobacco
- ✦ Quitting Tobacco

2) Questions and Answers Sessions

Workplace	<i>Rani Workers Mill</i>
Location	<i>Rani (Rajasthan)</i>
Participation	125
Type of Session	<i>Tobacco Control, Cancer Awareness</i>

